



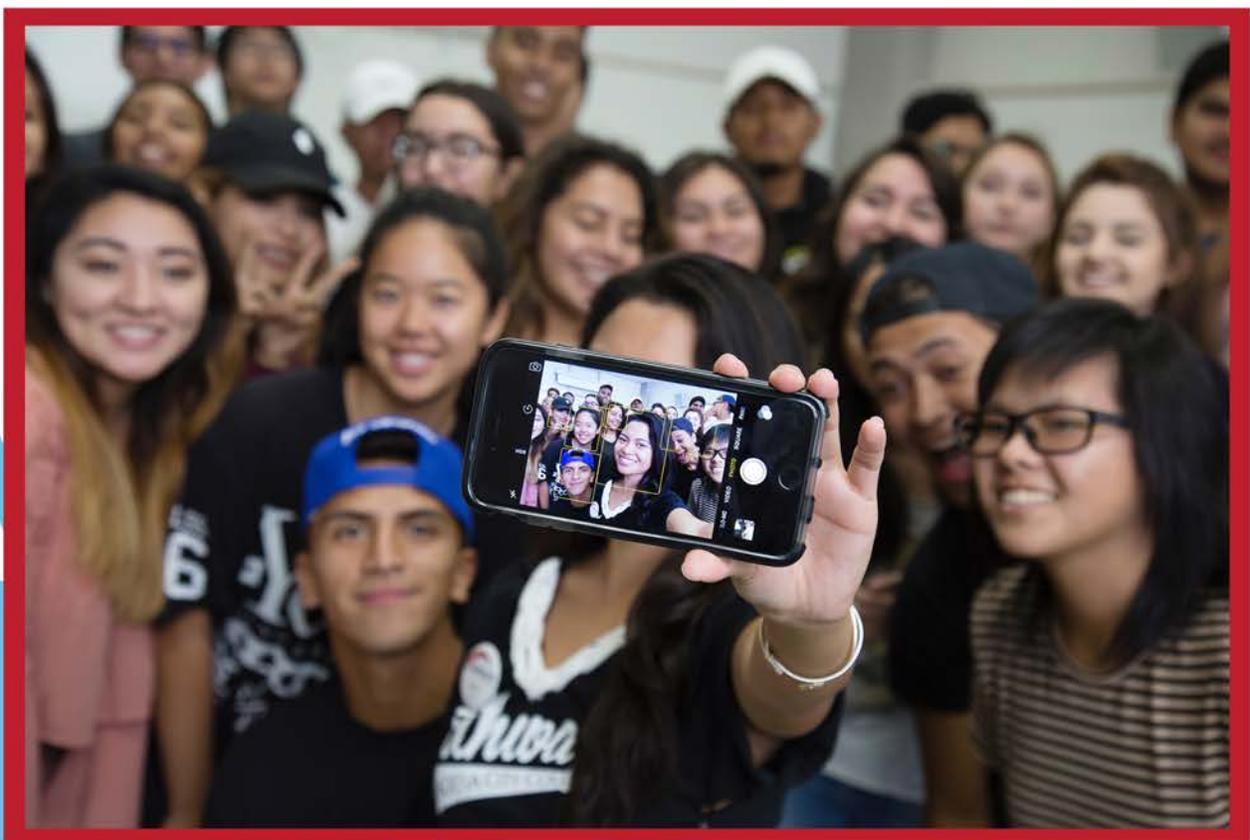
**PCC**PATHWAYS | **FYE**

[www.pasadena.edu/pathways](http://www.pasadena.edu/pathways)

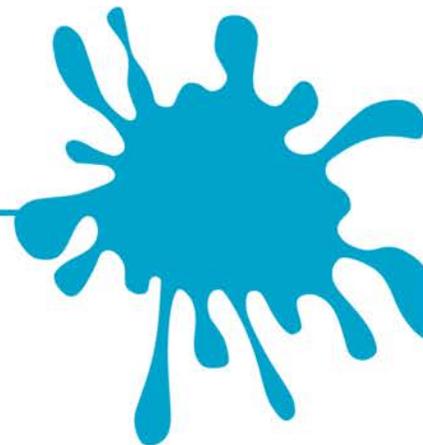
# Welcome to **JAM** **PCC PATHWAYS FYE**

We are excited that you chose to be a PCC Pathways FYE student. You made a great decision!

- Please bring this workbook to JAM every day
- Come to class on time
- Participate in JAM activities



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# Skills Squad to the Rescue

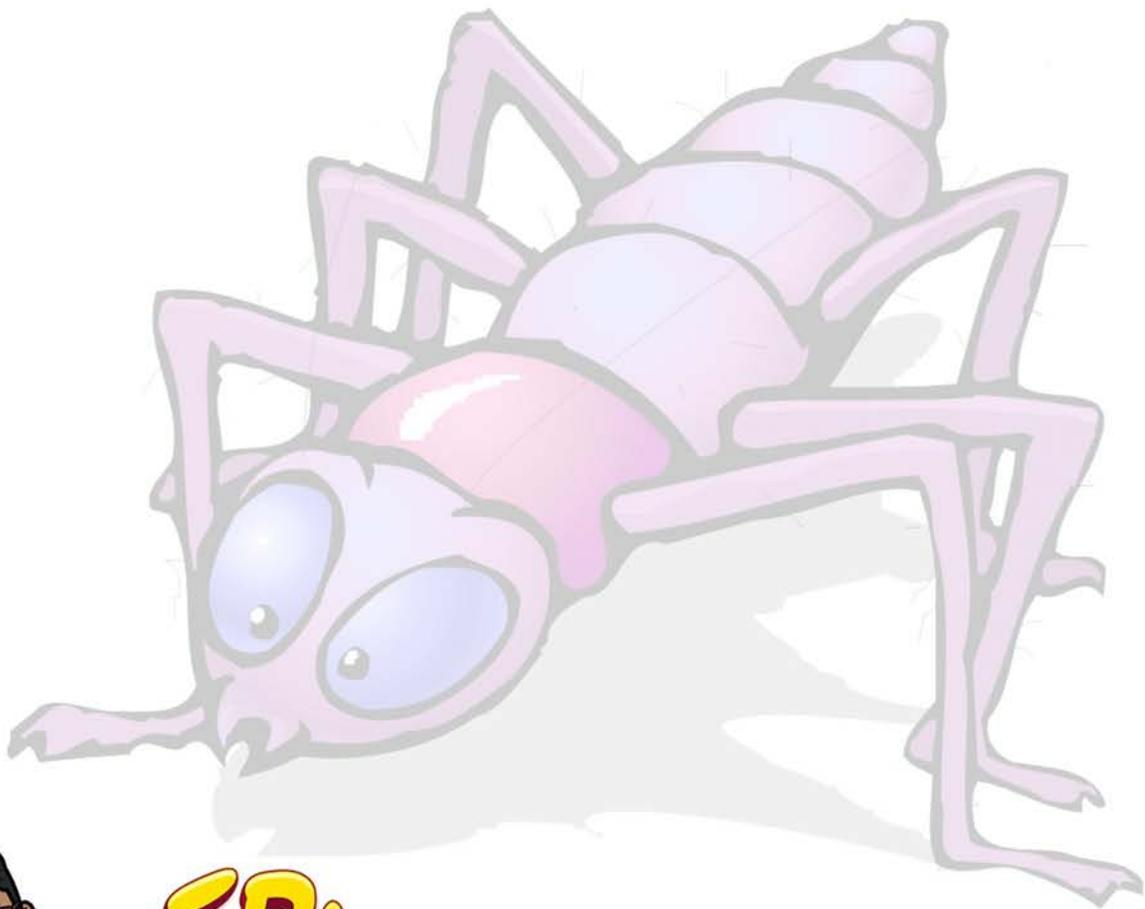
Giant insects are eating every living person, animal, and plant on earth. You belong to an elite group of super heroes called the **SKILLS SQUAD**. Your team has been charged with destroying the giant insects.

Each of you possesses a unique skill: **collaboration**, **communication**, **initiative**, **problem-solving**, or **information literacy**.

As a group, come up with a brief plan that utilizes all 5 of your skills to neutralize the threat and save the planet!

**You have 20 minutes until you have to present your plan to the most powerful leaders on earth.**

STAY COOL



EEP!





## Values Auction

You have **\$2000** to spend in today's auction. Use the chart below to plan how you will spend your money. How much of your **\$2000** are you willing to spend on a single item?

During the auction, keep track of how much money you spend and have left. If you don't get an item, you can move those funds to your other choices as the auction is taking place. You have to think and act quickly!

I would value a career that provides the opportunity to:	Amount You Plan to Spend	Amount Bid	Items You Win
1. Be the most influential person in a company or community			
2. Have time for a rewarding, happy, and fulfilling family life			
3. Originate new ideas and create new ways of doing things			
4. Work toward a world free of prejudice, inequality, and cheating			
5. Gain national or international fame and popularity			
6. Attain self-understanding, know who I am, and discover truth and its meaning			
7. Take risks, meet challenges, and have an exciting life			
8. Achieve mastery and success in all that I do			
9. Be my own boss			
10. Be out and about, travel, and have fun			
11. Make attractive things and contribute beauty to the world			
12. Have good physical and emotional health			
13. Have time for long vacations and self-care			
14. Make a positive impact on society			
15. Have a guaranteed, steady job and income			

# Your career

Selecting your career is a very personal choice, but you don't live in a bubble!

Think about all the people, events, and factors in your life that can influence your career choice.

**Write out your thoughts here.**



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What thoughts and feelings come to mind when you think about your future career? What questions do you have? What are your concerns?

**Write out your thoughts here.**

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# What did career coach teach you?

How exciting! You just completed a career assessment! This is a great place to start learning more about yourself. Remember, you don't have to agree with everything you read. In fact, you may question all of it. That's totally okay.

After reading your top 3 personality types, select a **Golden Line** from each that stands out. A **Golden Line** is a sentence or phrase that is important to you.



**Write each Golden Line and explain why you chose it.**

**1.**

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**2.**

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**3.**

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# Let's do some research and see how much Career Coach can help you.



Pick a career from the **Career Coach** list to learn more. If the career you're most interested in isn't listed, that's okay! Just search for the career within **Career Coach**. When you're ready, answer the questions below to guide your research.

Name of career: \_\_\_\_\_

Responsibilities associated with this career: \_\_\_\_\_

\_\_\_\_\_

Average Salary: \_\_\_\_\_ Level of education required: \_\_\_\_\_

Top skills necessary: \_\_\_\_\_

\_\_\_\_\_

Employment projection by 2028: \_\_\_\_\_

\_\_\_\_\_

Programs available at PCC to get you started on this career path: \_\_\_\_\_

\_\_\_\_\_

List the levels of education and relevant majors associated with this career:

\_\_\_\_\_

# THE JAMMYS



Face it. No human is an island. We work together, create together, and play together. We depend on each other to create effective and efficient places of work.

Over the next 3 days, you'll be working with your group to come up with a bold presentation that shows how various occupations are related.

The sky is the limit as to how you create the presentation. You can create a 3 minute video. You can create a PowerPoint, Prezi, or Adobe Spark Video. You can use any technological platform available.

**Follow the instructions and have fun! You will present your final product to your peers. May the best project win!**

**Work together!  
and have fun!**



# Required!

## THE JAMMYS

### Content

No one likes to sit through a snooze fest. Your 3 minute presentation should be fun, colorful, and imaginative. Get creative with how you present the information.

Make sure to have a title and list all of the group members' names. Remember that all pictures, songs, and videos must be from a public domain.

### Guidelines

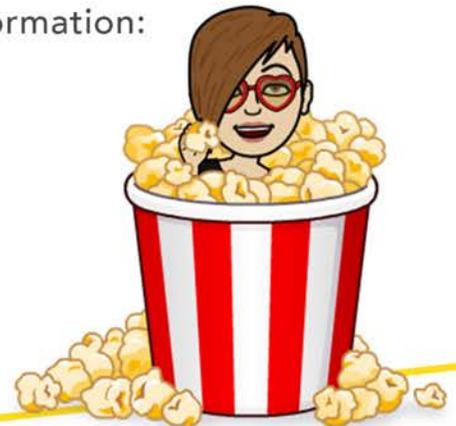
Each person in your group is assigned a career to research. Include the following:

- Description of career and examples of daily tasks and responsibilities
- Education needed (Provide examples of local schools that offer the programs and degrees necessary.)
- Salary
- Job outlook
- Skills needed

In your presentation, select an example of a company that employs people in each occupation. Create a presentation that describes a situation where everyone in your group must work together to allow for a smooth day at work.

**We suggest** the following websites to find more information:

- CACareerZone.org
- ONetOnline.org
- Occupational Outlook Handbook: BLS.gov/OOH
- Career Coach





# Group Contract

Career Community: \_\_\_\_\_

Name	Career
Member 1:	
Member 2:	
Member 3:	
Member 4:	
Member 5:	

## Daily goals and assigned person for tasks:

Name	Day 1	Day 2	Day 3

## Reasons why you'd get "Booted off the Island":

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

# Motivation and GOAL SETTING

## Lifetime Achievement Award

Imagine you are eighty years old and receiving a **lifetime achievement award**. A close friend is planning to honor you with a speech.

What would you want your friend to say about you in the speech?

Provide your friend with details. Think about...

- your home, family, and friends
- your personal and professional achievements
- your hobbies, interests, and experiences



# Notes

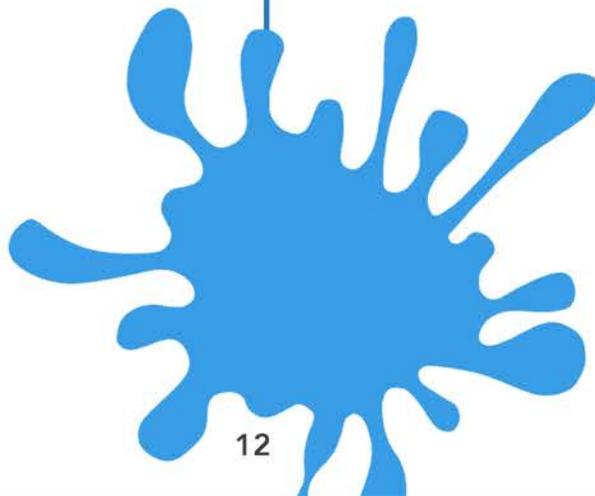




# The Science of Motivation

As you watch the video, use this space to take notes about it.

Think of moments in your life when you used one of the principles of motivation you just learned about.



# Setting Your Goals and Making Them Come True

Write one goal you want to accomplish by June 2020

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Creating **SMART** (**S**pecific, **M**easurable, **A**chievable, **R**elevant, and **T**ime-based) goals is an effective way to help you reach your goals.

Apply each of the 5 steps to your goal by answering the questions below:

A <b>s</b> pecific goal is more likely to be achieved.	What will this goal accomplish? How and why will it be accomplished?
A <b>m</b> easurable goal will help you keep track of progress and motivate you to keep going.	How will you demonstrate that this goal has been met? How will you track your progress?
An <b>a</b> chievable goal is challenging but not be extreme.	Is it possible? Will meeting the goal challenge you without defeating you?
A <b>r</b> elevant goal has personal meaning.	How is this goal meaningful to you?
A <b>t</b> ime-bound goal has a deadline.	When will you complete this goal?

## Set your intention Rewrite your goal to make it SMARTer:

What is **1** word that represents your motivation to meet this goal?

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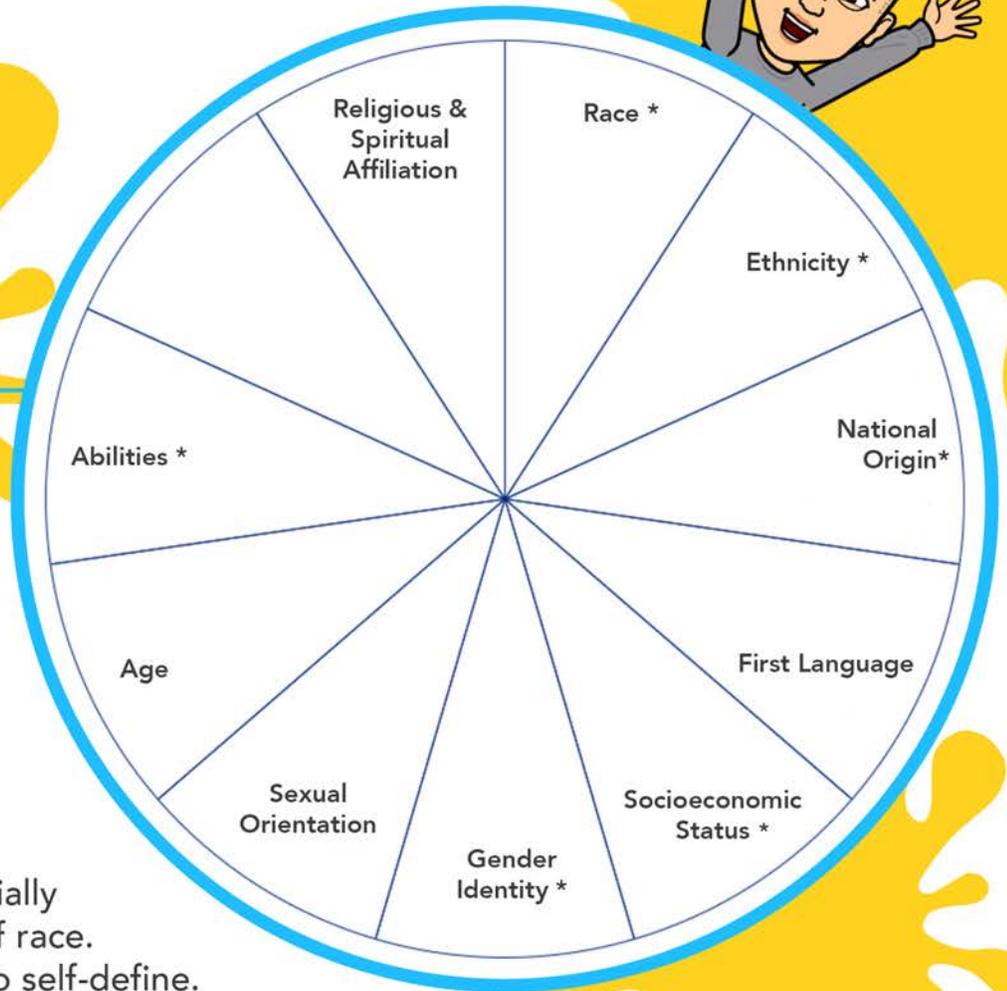


# Exploring our Stories

Adapted from "Exploring Our Stories," First Year Orientation, UNC Chapel Hill



\*Definition Provided



- Race - Societies have socially constructed definitions of race. However, we invite you to self-define.
- Ethnicity - We invite you to reflect on your cultural background.
- National Origin - We invite you to include your country of birth.
- Gender Identity - The gender an individual identifies with internally that may or may not align with one's assigned sex at birth.
- Abilities - We invite you to reflect on your current physical and/or learning abilities (ex. currently able-bodied, differently-abled, learning differences, etc.)
- Socioeconomic status - Typically broken into three levels (high, middle, and low) to describe where a family's or individual's status may fall. When placing a family or individual into one of these categories, income, education, and occupation can be assessed.

# Exploring Our Stories

Answer each of the 6 questions below with ONE word.

- 1.** The part of my identity that I am most aware of on a daily basis is \_\_\_\_\_  
\_\_\_\_\_
- 2.** The part of my identity that I am the least aware of on a daily basis is \_\_\_\_\_  
\_\_\_\_\_
- 3.** The part of my identity that was the most emphasized of importance in my family growing up was \_\_\_\_\_
- 4.** The part of my identity that I wish I knew more about is \_\_\_\_\_  
\_\_\_\_\_
- 5.** The part of my identity that I believe is the most misunderstood by others is \_\_\_\_\_  
\_\_\_\_\_
- 6.** The part of my identity that I feel is difficult to discuss with others who identify differently is \_\_\_\_\_  
\_\_\_\_\_

**Create a 6 word story here:**

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# Online Tools

## How to forward your Lancermail to your personal Email

1



LOG IN to LancerPoint at [lancerpoint.pasadena.edu](http://lancerpoint.pasadena.edu)

Sign in to your account

User Name

Password

Sign In

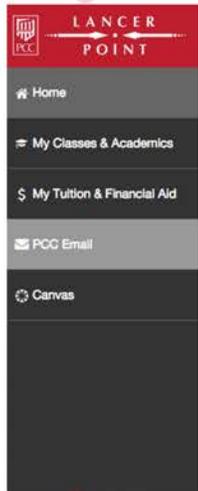
First time logging in? [Activate your account.](#)

Having trouble logging in? [Look up your username / Reset your password.](#)

Need more help? [View our support site.](#)

2

Open your PCC Mail



Announcements

Announcements

You currently have no announcements.

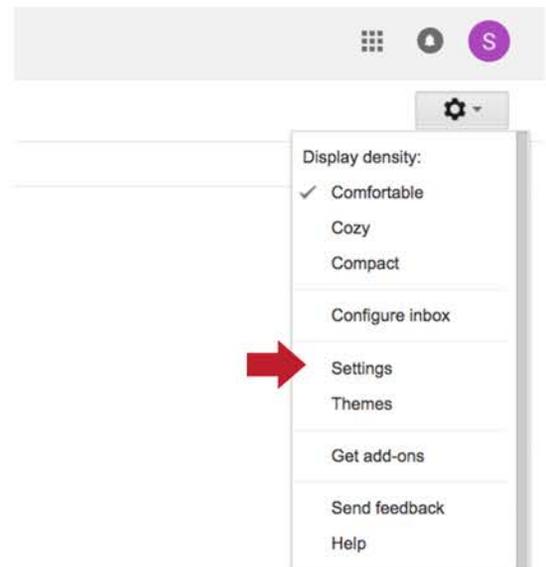
Show Hidden

Parking Self Service

Purchase a Parking Permit

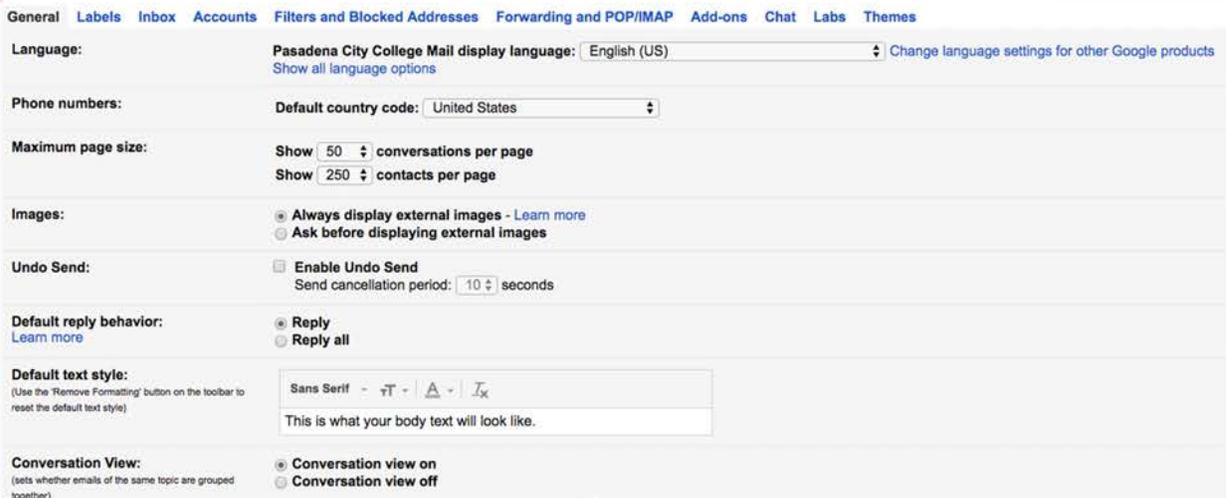
Parking Information

3  
Click on the WRENCH symbol in the right hand corner.  
Select **SETTINGS**



4

Select **FORWARDING AND POP/IMAP**



# How to forward your LANCERmail to your personal Email



## Select ADD FORWARDING ADDRESS

General Labels Inbox Accounts Filters and Blocked Addresses **Forwarding and POP/IMAP** Add-ons Chat

**Forwarding:**  
[Learn more](#)

Tip: You can also forward only some of your mail by creating a filter!

**POP Download:**  
[Learn more](#)

1. Status: POP is disabled  
 Enable POP for all mail  
 Enable POP for mail that arrives from now on

2. When messages are accessed with POP: keep Pasadena City College Mail's copy in the Inbox

3. Configure your email client (e.g. Outlook, Eudora, Netscape Mail)  
[Configuration instructions](#)

**IMAP Access:**  
(access Pasadena City College Mail from other clients using IMAP)  
[Learn more](#)

Status: IMAP is disabled  
 Enable IMAP  
 Disable IMAP

Configure your email client (e.g. Outlook, Thunderbird, iPhone)  
[Configuration instructions](#)

2. When messages are accessed with POP: keep Pasadena City College Mail's copy in the Inbox

3. Configure your email client (e.g. Outlook, Eudora, Netscape Mail)  
[Configuration instructions](#)

Status: IMAP is disabled  
 Enable IMAP  
 Disable IMAP

Configure your email client (e.g. Outlook, Thunderbird, iPhone)

**Add a forwarding address**

Please enter a new forwarding email address:

LOG INTO to your  
NON-PCC email  
address and confirm



## Add a forwarding address

A confirmation code has been sent to tseropian@gmail.com to verify permission.

To allow [tseropian@go.pasadena.edu](mailto:tseropian@go.pasadena.edu) to automatically forward mail to your address, please click the link below to confirm the request:

[https://mail-settings.google.com/mail/vf-%5BANGjdJ\\_GORxTUAdHIYuyYgqW](https://mail-settings.google.com/mail/vf-%5BANGjdJ_GORxTUAdHIYuyYgqW)



"Forward a copy of incoming mail" to your personal email.  
Make sure to select "Save Changes" at the bottom

General Labels Inbox Accounts Filters and Blocked Addresses **Forwarding and POP/IMAP** Add-ons Chat Labs Themes

**Forwarding:**  
[Learn more](#)

Disable forwarding  
 Forward a copy of incoming mail to  and

Verify tseropian@pasadena.edu confirmation code  [Re-send email](#) [Remove address](#)

**POP Download:**  
[Learn more](#)

1. Status: POP is disabled  
 Enable POP for all mail  
 Enable POP for mail that arrives from now on

2. When messages are accessed with POP: keep Pasadena City College Mail's copy in the Inbox

3. Configure your email client (e.g. Outlook, Eudora, Netscape Mail)  
[Configuration instructions](#)

**IMAP Access:**  
(access Pasadena City College Mail from other clients using IMAP)  
[Learn more](#)

Status: IMAP is disabled  
 Enable IMAP  
 Disable IMAP

Configure your email client (e.g. Outlook, Thunderbird, iPhone)  
[Configuration instructions](#)

# Modify canvas settings and notifications

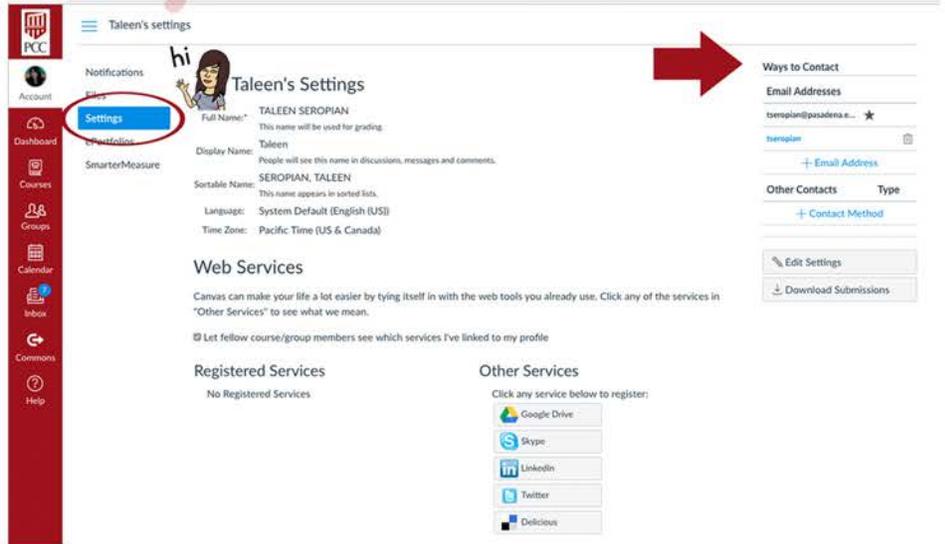
1

Start on the Canvas dashboard page. Click on the **ACCOUNT** tab located on the left



2

Once you have clicked on the **ACCOUNT** tab, select **SETTINGS**. You'll notice **WAYS TO CONTACT** on the right.



3

Click on the **+ EMAIL ADDRESS**. A box will pop up asking you to register an email that you check often or a phone number in the **TEXT (SMS)** tab.

## Register Communication

Register Communication

Email **Text (SMS)**

Email Address

**Register Email**

4

After changing your settings, choose **NOTIFICATION** on the left. Make sure that the green **NOTIFY ME RIGHT NOW** checkmark is on to get immediate notifications for **DUE DATES** and **ANNOUNCEMENTS**.

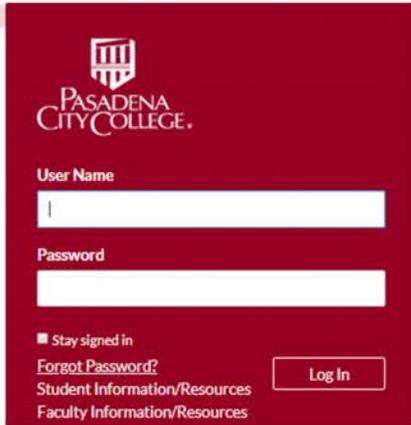
## Notification Preferences

Notify me right away   
  Send daily summary   
  Send weekly summary   
  Do not send me anything

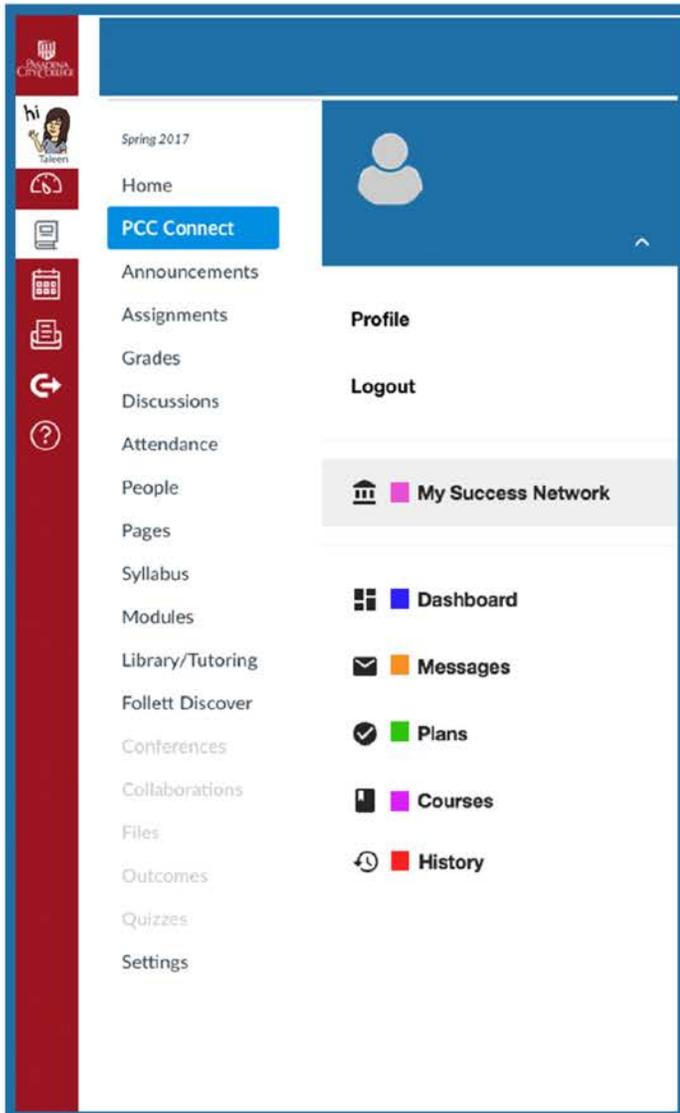
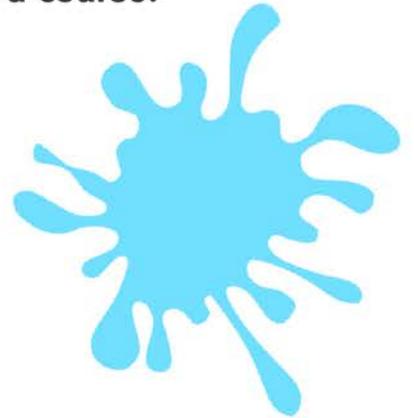
Course Activities	Email Address tseropian@pasadena.edu	Email Address tseropian
Due Date	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Grading Policies	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Course Content	<input checked="" type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Files	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Announcement	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Announcement Created By You	<input checked="" type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Grading <input type="checkbox"/> Include scores when alerting about grades. If your email is not an institution email this means sensitive content will be sent outside of the institution.	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Invitation	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
All Submissions	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Late Grading	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Submission Comment	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Blueprint Sync	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

# How to Access PCC connect

## From Canvas:



From pasadena.edu >login>Canvas  
You will be prompted to login  
Select courses, here select a course.  
(Ex. Jam)



**Dashboard:** Find Nudges, Appointment Reminders, and To Do's.

**Messages:** Find Messages from your coach, counselor, or instructor.

**Plans:** Find your Success Plan that lists Pathways requirements per semester

**Courses:** Find courses you are enrolled in and resources linked to them to help you succeed!

**History:** Find all activities that have been cleared/resolved.

# How to Set Up your Profile

Personalize your **PCC CONNECT PROFILE** by adding a photo and opting in to receive **NOTIFICATIONS** on your mobile phone by entering your cell phone number in the alternate email box then click on the **CELL PHONE ICON** to the right to locate your service provider.

Spring 2017

Home

**PCC Connect**

Announcements

Assignments

Grades

Discussions

Attendance

People

Pages

Syllabus

Modules

Library/Tutoring

Follett Discover

Conferences

Collaborations

Files

Outcomes

Quizzes

Settings

You are currently logged in as Rae Aselund (raaselund).

FERPA standards protect student data.

[Last login: undefined undefined]

hi  
Taleen

**Contact Information**

Login: taleenseropian

Institution Email: [ ]

Alternate Email: [ ] 

All notifications will be sent to your institution email address.

Email Preference:  Also send notifications to my alternate email address

Phone: [ ]

Cell Phone: [ ]

Video Phone: [ ]

Time zone: (GMT-08:00) Pacific Time

Display all time zones

**Weekly Updates**

Send me a weekly status update about My Success Network

**Reminder Preferences**

Email me 15 minutes before the start of an appointment

Email me at 9:00 am the day of an appointment

**cell phone icon**

**Receive notifications on your mobile phone:**

Enter the email address for your mobile phone as indicated below for each provider.e.g., 8885551212@txt.att.net

- AT&T: cellnumber@txt.att.net
- Verizon: cellnumber@vtext.com
- T-Mobile: cellnumber@tmomail.net
- Sprint PCS: cellnumber@messaging.sprintpcs.com
- Virgin Mobile: cellnumber@vmobl.com
- US Cellular: cellnumber@email.uscc.net
- Nextel: cellnumber@messaging.nextel.com
- Boost: cellnumber@myboostmobile.com
- Alltel: cellnumber@message.alltel.com

\* Required fields Close

Enter the **EMAIL ADDRESS** for your mobile phone indicated for your provider.

# How to View your success plan



My Success Network

- Dashboard
- Messages
- Plans
- Courses
- Raise Your Hand
- History

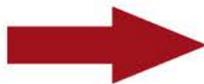


By clicking on **"PLANS,"** you will find a **PERSONAL SUCCESS PLAN** for you!

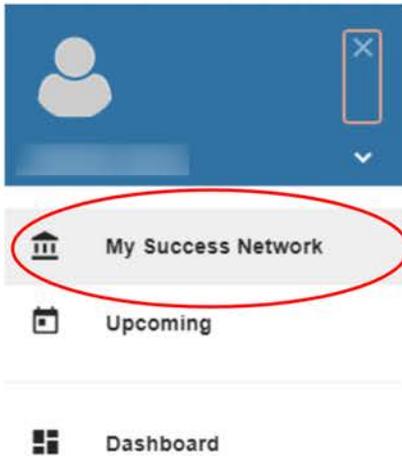
For more information and to print your plan, click on **VIEW DETAILS.**



## EXAMPLE OF SUCCESS PLAN

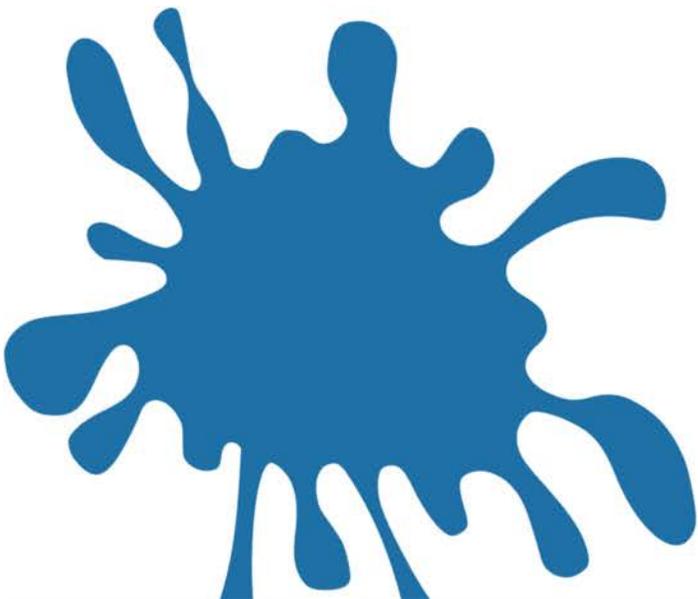
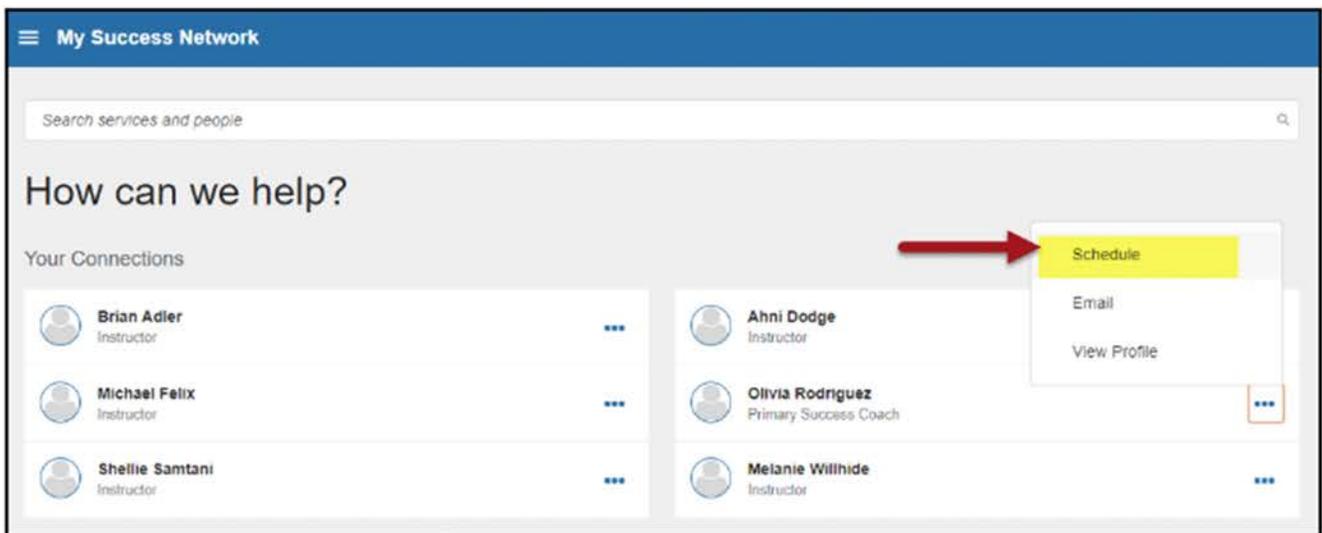


# How to schedule an appointment with your coach:



Click on "My Success Network"

Find your Success Coach name  
Find the three bar Menu button  
Select "Schedule" in the menu next to their name



# New School, New You!

## Becoming the new you!

Take a few minutes to answer the questions below. Don't worry about complete sentences. Just take notes. Your answers will help create a rich discussion.

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It's time to become the new you! College is an awesome opportunity to reinvent yourself, take your classes seriously, and build a strong foundation for your future. Honestly, it's not funny anymore to be the class clown. Studying and getting awesome grades but not getting involved won't help you in an interview. Your actions have consequences. It's important to reflect on who you were in high school and who you want to be in college!

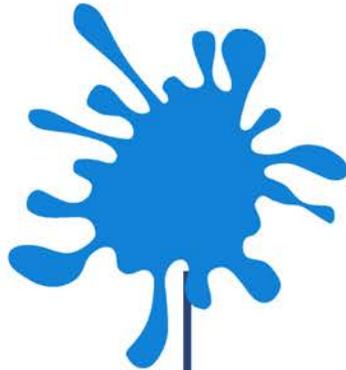
What are some things you liked about your HS self that will make you successful at PCC? What are some things you can change to increase your success? Think about concrete examples of behaviors.

A large, irregular, wavy pink outline shape that occupies the lower half of the page. It has a hand-drawn, doodle-like appearance with several loops and curves, serving as a space for a student to draw or write.

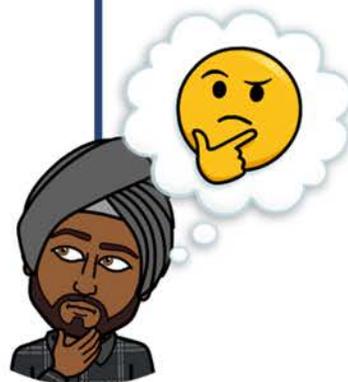
# Becoming the new you!

How did the actions of your high school classmates impact your learning?

What **helped** your learning?



What **hurt** your learning?



## Advice: Straight Ahead

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The first week of any semester is challenging because there are always bumps and surprises. But after 3 days of Jam, you should be better prepared to apply the tools you've learned to various situations.

Juan, Taleen, and Anthony didn't attend Jam. They aren't aware of the resources that PCC offers. With your group, determine how to help these students solve their problems. Provide the steps they need to take, people they can talk to, and resources that can support them.

**Juan** just graduated from Rosemead High School. He is the first person in his family to attend college in the United States. He has cousins who attended university in Guatemala, but after talking to them, he realized that the systems are quite different. He never thought he was fit to be a college student, but his HS counselor recommended PCC. Juan is preparing for his first day. He has many questions. Honestly, he's freaking out. Can you help **Juan**?

**Juan** doesn't drive, so he takes the bus to school. He's never had to take public transportation before because he could walk to school or get a ride from friends. Help him figure out how to get from Rosemead to PCC in time for his 9am English 1 A class. Also, he's heard there's a cheaper way to pay for his Bus Pass. What is it?

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**Juan** is waitlisted for a Business 9 class. Someone told him to check his **email**, but he doesn't know why. What **email** does he need to check? What's he looking out for? What if he never gets that **email**?

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**Juan** heard that he might qualify for something called the PCC Promise. What is it? He knows it has something to do with money, but he's never submitted his FAFSA. What information does he need that can help? Where can he go for help?

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**Juan** was really surprised that he has homework due on Wednesday. It's only Monday, and he hasn't even bought his books. He doesn't think he can afford them yet since his financial aid isn't sorted out yet. What are some free and low-cost options Juan can take advantage of until he gets his financial aid money?

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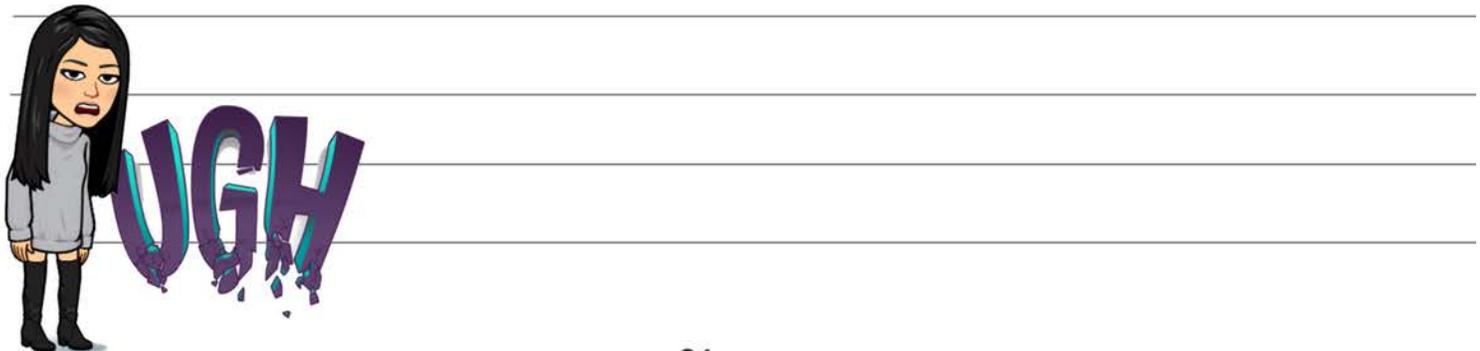
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**Taleen** went to a small Armenian high school, and none of her friends are coming to PCC. Her parents expect her to transfer to UCLA in 2 years. The thing is, she has no clue what she wants to be when she grows up. She feels a lot of pressure to be successful, but she's afraid of PCC. Her entire high school could fit into C333. Her parents remind her constantly that they came to America for her to be successful. She can't disappoint them.

**Taleen** heard that parking at PCC is awful. Her first class is Tuesday at 10am. She just bought a car with the money she saved from her summer job. Her commute isn't too bad – only 15 minutes. What time should she arrive on the first day of class? Also, she's heard something about parking permits. What's that about?



**Taleen** really doesn't know what to do with her life, but she's considered being a doctor. She is taking her first Math class, Math 003. Feeling overwhelmed, she was nearly in tears after her first day of class. She refuses to give up through. What are some steps she can take early on to avoid dropping the class or failing?

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**Taleen's** co-workers told her that even if she requests certain days off from work due to school, her manager will still schedule her. She knows that's bad news so she decided to quit her job. But she has to pay for car insurance and gas. Where can she get help to look for a job? What support will she find other than a job listing?

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**Anthony** is excited to start college. He enjoys working at a local boba shop, but his dream is to be a nurse because his grandmother, his hero, was a nurse for 35 years. He knows PCC has an awesome nursing program that has a partnership with CSULA's BSN program. One of his concerns is his learning disability. He doesn't want to be perceived as "special ed" like some kids his called him in high school.



**Anthony** doesn't have time to waste. He's a student on a mission. He wants to be a nurse as soon as possible, but he's heard that some students take the wrong classes and waste their time. What can he do to learn about all of his requirements?

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**Anthony** was working 40 hours a week during the summer. Now that school has started, he has to figure out how many hours a week to work. He's enrolled in STAT 50 (4 units), ANAT 25 (4 units), and ENGL 1A (4 units). What's the optimum number of hours **Anthony** should work?

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**Anthony** walked out of his third Anatomy 25 class. He is so excited. Everything he has learned in the first week is interesting, but he knows that he needs help. He doesn't want his learning disability to hinder his grade. He needs an A for nursing school. What are some things that **Anthony** should know and do?

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**Anthony's** computer at home crashed. He's not ready to buy a new one but has to work on his first English essay. Where are places on campus that can help him?

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# Notes



# Financial Aid and Scholarships

## Get That Money



Important Terms to Know regarding **Financial Aid**.  
If you have questions, visit the Office of Financial Aid found in L-114.

- **FAFSA:** The Free Application for Federal Student Aid is a form completed by current and prospective college students in the United States to determine their eligibility for student financial aid.
- **CA Dream ACT:** The California Dream Act allows students who are not US Citizens or permanent residents but meet AB 540 criteria to apply for and receive non-state funded scholarships to help pay for college.
- **CA College Promise:** The California College Promise Grant waives enrollment fees if students are a California resident and qualify by meeting certain income requirements or other eligibility requirements outlined on the application. People also refer to it as BOG Fee Waiver.
- **Loan:** A student loan is money borrowed from the government that must be paid back.
- **Grant:** A grant is a type of financial aid that students don't need to pay back. The amount of grant money awarded is based on demonstrated financial need (which is decided by FAFSA or CA Dream Act application).
- **Work Study:** Federal Work-Study (FWS) programs offer on-and-off campus employment opportunities for students with a demonstrated financial need. With Work Study, a student may work up to 19 hours per week while school is in session to earn money to go towards the cost of tuition, books, and fees.
- **Satisfactory Academic Progress:** To complete an educational goal in a timely manner, students must achieve a minimum 2.0 grade point average (GPA) at the end of each term. Federal regulations state that a student can receive financial aid for no more than 150% attempted units a program of enrollment. At PCC, that is a maximum of 90 units.

# More Financial Aid Terms

• **Scholarship:** Scholarships are funds that students do not have to pay back. Many scholarships are based on academic merit or other achievements, while some are also need-based. Typically, a scholarship application must be submitted.

• **Expected Family Contribution (EFC):** A number calculated from FAFSA & CA Dream Act information used to determine a student's eligibility for federal and state aid programs.

## • Federal Aid Eligibility:

- Be a U.S citizen or an eligible non-citizen
- Have a valid Social Security number
- Have a high school diploma or a General Educational Development (GED) certificate
- Not be in default on a prior student loan

## • CA Dream Act Eligibility

- 3 yrs of high school in CA OR
- Credits from a CA high school equivalent to 3 years of coursework + 3 or more years of CA elementary, secondary and/or adult school OR
- CA community college credit OR
- Combination of the above

## • Federal Award Amounts Maximum amounts for a dependent first year students in 2019-20

- Federal Pell Grant: \$6,195
- Federal Work-Study: \$5,000

## • State Award Amounts:

- CA College Promise (AB19): tuition only
- Cal Grant B: \$1,672 maximum for first year

**The Priority Deadline to submit your FAFSA or CA Dream Act application is March 2nd.** If you miss it, remember that it's never too late!



# Scholarship Committee

Thank you for serving on the 2019 Fall Semester Scholarship Review Committee. There is a **\$1000** scholarship opportunity for a well-deserving PCC student. There are 3 finalists. Please read each personal statement and assign points according to the rubric found below. Discuss the rankings with your fellow panelists and award the money to the most deserving individual.

## 16-20 points

The statement shows a very high level of persuasion and credibility. There are strong examples of the applicant's career goals, difficulties they faces, and challenges they came over. The statement is very well written. Spelling, grammar, and sentence structure are strong.

## 11-15 points

The statement shows a high level of persuasion and credibility. There are good examples of the applicant's career goals, difficulties they faced, and challenges they came over. Spelling, grammar, and sentence structure are good.

## 6-10 points

The statement shows an average level of persuasion and credibility. There are satisfactory examples of the applicant's career goals, difficulties they faced, and challenges they came over. Spelling, grammar, and sentence structure are fair.

## 0-5 points

The statement shows a poor level of persuasion and credibility. There are poor or no examples of the applicant's career goals, difficulties they faced, and challenges they came over. Spelling, grammar, and sentence structure are weak.



## Personal Statement (3 finalists)



My name is **Julianna**, and I presented research at a climate change conference this year. It was just a poster, taped up on a pale-pink wall in a Berkeley hallway midway between two others whose authors were not present. My poster was full of complicated-looking graphs I had generated in Matlab – in fact, I had programmed the code to generate the models to make the graphs. The topic was obscure, “Network Properties of the Electric Grid,” and glazed eyes of the attendees told me how accessible my topic was. Eventually an unassuming older man approached me and asked about my research. He was also researching the sustainability of the electric grid. He too, was examining the transition to renewable power. He had not considered my approach. He wished to read my paper when I wrote it.

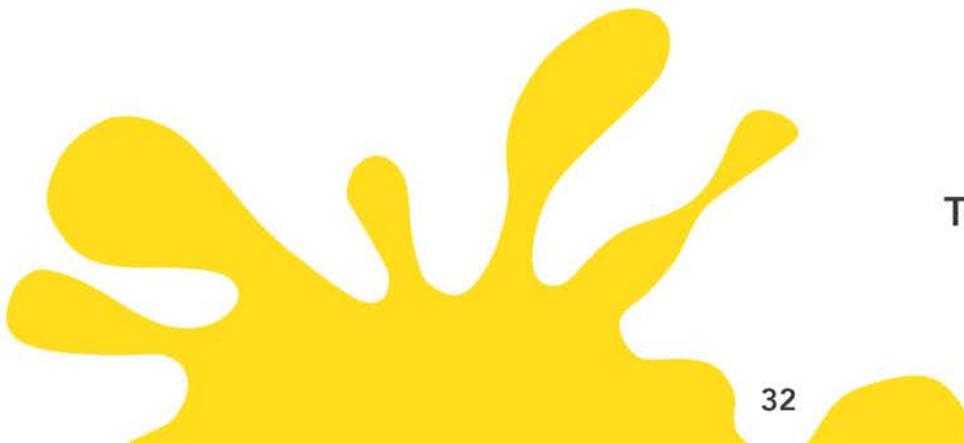
As it was happening, I knew that moment was a transformative one for me. Since then, I haven’t written the paper (I’ve been working on another), and I may not encounter the Lawrence Berkeley National Laboratory researcher who approached me again. The significance of the moment was not about the research, in the end. It was a moment significant because it redefined my own ideas about myself.

When I was accepted to the BUILD PODER program thru CSUN, I was told that at the end of the program I would see myself as a scientist. I was not able to complete more than a year of the program, due to my choice to stay at PCC for another year, focusing on my mathematics training, rather than attend CSUN as is required to continue the program. Nonetheless, BUILD was a blessing that I can hardly find words to describe. At that moment at the conference, I felt like a scientist. For the first time in the two years since I started school, I didn’t feel like I was “faking it till I’m making it.” I was really making it.

I’ve been blessed with a tremendous amount of support as I build the foundation for an academic career. With the help of my mentors, my teachers, my family, PCC and PCC Foundation, and BUILD PODER, I have caught up not only on where I was 16 years ago when I left school, I surpassed my own ideas of what I can do and what I can learn. Incredibly, it’s only just beginning.

Our society has an incredible strength within it – the resolve of individuals to have a positive impact, regardless of the obstacles. I’m inspired every day by the triumph of kindness, and the amount of care I’ve found in academia. My strongest wish is that I may bring that level of care to my studies and my work as I continue forward. Thank you for considering me for another PCC Foundation Scholarship as I complete my final year at PCC.

Total Points:



My name is **xavier** I grew up in a divorced home in San Mateo, which required my mother to work multiple jobs, producing very little income. Considering the situation, I did not have a lot of supervision and fell into a troubled lifestyle. By tenth grade, I had been expelled from high school. I was living on my own at seventeen, working full time for a construction company. At nineteen years old, after suffering a gun shot wound, I realized my life needed a major change. I studied hard and received my G.E.D. I then enrolled in a semester of college where I obtained a 4.0 in all of my classes, as well as earning the highest grade ever given in two of my classes, Psychology and Environmental Science. At the end of the semester I was offered an opportunity to move to Los Angeles (which was a pretty big deal for a small town kid!), and I considered it a good idea to break all ties with my past. I began working in the entertainment industry, acting in several commercials, movies and television shows. However, this life was not fulfilling, hence my return to school.

Being low income, every little bit helps! I am applying for the scholarship based on the needs of my family and myself, that I may continue to further my education and be a great role model for my siblings. I have maintained my 4.0 GPA throughout all of my classes at PCC. The summer of 2018 I was full swing in my pre-calculus classes after almost 10 years of not having studied math. However consuming, and often terrifying, that summer was, at the end of it I knew two things. I will not give up, I will keep standing, no matter how tough things get, and see them through. The second, I found my love for mathematics and physics. I am now in the honors program. I have met with the honors counselor and scheduled my academic path to transfer to UCLA to continue my education and gain a Physics/ Engineering degree from UCLA. From there I intend to apply to graduate school. In addition, I am quite interested in writing. My goal is to publish books that will produce intrigue in young children for math and physics. Also, I plan on writing fictional work with the aim of teaching children the importance of thinking for themselves, making good choices, and the weight of integrity. Balancing my time between school, work, and family has been the greatest challenge of my life. However, if I receive this scholarship, I will have more time to spend with my family and more time to spend studying. I am dedicated to my pursuit, as my academic record shows. By accepting me for this scholarship, you are not simply benefiting me, you are creating a change that will impact my current and future family. Thank you for your time

Total Points:

My name is **Michael**. I will be attending PCC in the summer of 2019, as a basketball recruit. I currently live in Overland Park, Kansas, where I graduated from high school just last week. Being an out of state student makes tuition much more expensive, as well as the fact that the state of California does not offer scholarships for athletics. I have had 7 full ride scholarships in states surrounding my home town, but none of them felt like home to me. As soon as I walked on Pasadena City College's campus, I knew it was where I wanted to be. Not only was the campus beautiful, but the staff and students that I encountered were extremely nice. I have been undecided as to what I want to study, but music, dentistry, and elementary education are interests that I have. The curriculum that PCC has leaves no doubt in my mind that whatever program I choose will prepare me for my future. Also the ability to transfer to some of the most academically strong colleges in the country, is a major plus. I look forward to continuing my education at PCC.

Total Points:



# Academic **Honesty**

## What is Cheating?

- Unauthorized use of notes, materials, information, calculators, electronic devices, or study aids
- Using information from another's work
- Submitting another's work under one's own name
- Taking a test or writing a paper for another

## What is Plagiarism?

**YOU ARE PLAGIARIZING** if you take the words or the specific substance, structure, or ideas of another and pass those words or ideas off as your own in any academic exercise.

## Examples of Plagiarism

Turning in a paper, exam, or other assignment that was created in whole or in part by someone else

Taking words or ideas off the Internet and using them in your work without citing the source

Directly copying, cutting-and-pasting, or turning in someone else's work

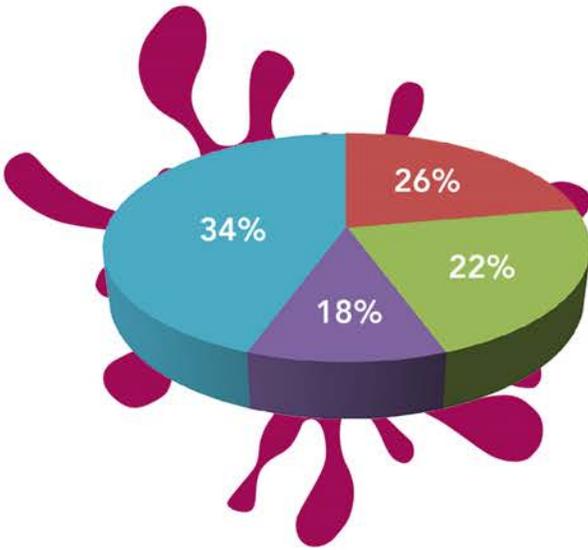
Turning in a paper that you already submitted in another class



## Why is it so important to avoid cheating and plagiarizing?

### You may...

- ...get an "F" on the assignment
- ...be suspended expelled
- ...become "out of status" with your F1-Visa
- ...have "Academic Dishonesty" reported on your transcript



### Reasons Students Plagiarize

Lack of research skills

Lack of time

Careless notetaking

Confusion on how to cite sources

### Here's How to Avoid it

1. Don't copy words or ideas from the Internet or classmates, friends, or family.
2. If you use an outside source to support your ideas, use "quotation marks" around the words (if copied exactly) and cite your source.
3. If you have any question about citing your sources, ask your teacher before submitting the assignment.
4. If it's not your work, don't turn it in.
5. Get help from a tutor in the Pathways Center, ESL Center, or Writing Center.

# Becoming Transfer Ready



Transferring from PCC can be easy if you begin planning now!



**Determine a Career**  
(Fall & Spring)



**Choose a Major/University**  
(Fall & Spring)



**Learn about Transfer Application Deadlines**  
(Fall & Spring)



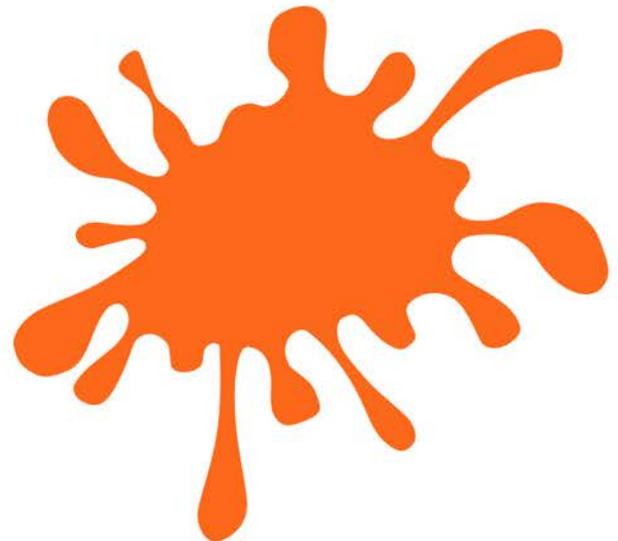
**University Day/Night**  
(Fall & Spring)



**Scholarships**  
(Fall & Spring)



**Transfer Admission Guarantee (TAG)**  
(Fall & Spring)



# Campus Scavenger Hunt

AHOY! Adventure is out there. Be the first one back to receive the treasure, keeping in mind that time is measured. Follow the clues, it will be wise. Remember, let the **COLORS** be your guide.

To start, you'll be given a clue, Once you've found all 15 resources, hurry back to your class. The winning group will receive a prize.

- Pathways Center
- Shatford Library
- Lancer Pantry
- Counseling
- Personal Counseling
- Disabled Student Programs & Services
- Math Success Center
- Writing Center
- Career Center
- Transfer Center
- Financial Aid
- Health Center
- Office of Student Life
- Learning Assistance Center
- MESA



## CLUES:

You have 30 minutes to get to your English class, but you need to print out a 5-page paper. I, also known as your home away from home at PCC, can help.

**Name:** \_\_\_\_\_

**Location:** \_\_\_\_\_

◆ I stand on the 4th floor where the 18th letter of the alphabet is but you can find me more specifically in room  $\sqrt{164836}$ . Don't worry, I won't make you calculate your steps.

Name: \_\_\_\_\_

Location: \_\_\_\_\_

★ Unsure of what you want to be. Need a place to start? I can help.

Name: \_\_\_\_\_

Location: \_\_\_\_\_

◆ Where else can you go to get a flu shot, grab a condom, speak to a nutritionist, and quit smoking? Nowhere. Come find me.

Name: \_\_\_\_\_

Location: \_\_\_\_\_

▲ Journals, periodicals, and magazines. Oh my! Come find what I hold in my stacks on stacks. Oh, don't forget to be quiet. People are studying.

Name: \_\_\_\_\_

Location: \_\_\_\_\_

■ Moving from college to college can be a hassle, but the more you come and visit the faster you'll be able to move your tassel.

Name: \_\_\_\_\_

Location: \_\_\_\_\_



# HANG IN THERE



● Taking care of your physical health by working out and eating well is really important. I may not be able to help you get that 6 pack, but I will help you focus on your mental health. Come on by.

**Name:** \_\_\_\_\_

**Location:** \_\_\_\_\_

■ Registration is in 2 days and you still don't know what you need to register for? Why'd you wait so long? It's ok. I got you. Come on by, but next time don't wait so long.

**Name:** \_\_\_\_\_

**Location:** \_\_\_\_\_

● "Why should you never date an apostrophe? They're too possessive!" I may not say the best jokes but I can help you clean them up.

**Name:** \_\_\_\_\_

**Location:** \_\_\_\_\_

💧 I heard you need my help. You want to create a club that blows all other clubs away? Bring it on. I got you!

**Name:** \_\_\_\_\_

**Location:** \_\_\_\_\_

● A Business major, Spanish major, and Math major walk into a ...this isn't a joke. It's true. I have all kinds of majors here asking for help in all kinds of subjects.

**Name:** \_\_\_\_\_

**Location:** \_\_\_\_\_

💧 Is that your tummy rumbling? Didn't bring your lunch today? Forgot your money? That's ok. Swipe your ID. I got free snacks and fresh food for you.

**Name:** \_\_\_\_\_

**Location:** \_\_\_\_\_

🟡 I'm here to create a level playing field for all students with different learning needs and styles.

**Name:** \_\_\_\_\_

**Location:** \_\_\_\_\_

■ "Mo Money, Mo Problems," said no college student ever. Help me help you show you that money!

**Name:** \_\_\_\_\_

**Location:** \_\_\_\_\_

★ You heard about that internship at JPL and need a sponsor? I can help with that.

**Name:** \_\_\_\_\_

**Location:** \_\_\_\_\_





STUDENT PARKING LOT No. 10 \*

GREEN ST. (one way, east)

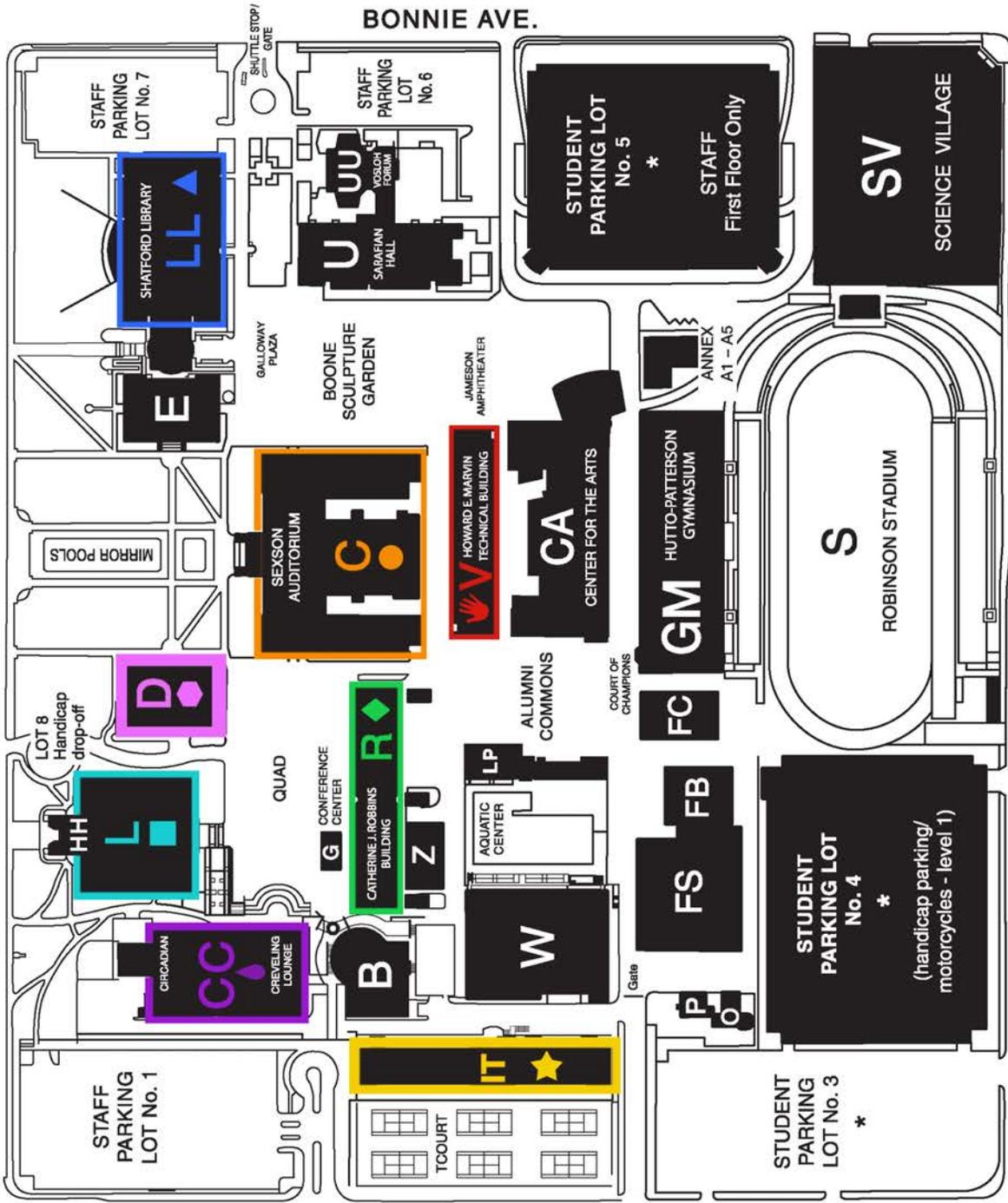
CDC LOT No. 9

STUDENT & STAFF PARKING LOT No. 11 \*

HOLLISTON AVE.

CORDOVA ST.

COLORADO BLVD.



\* Semester permit OR \$2.00 daily fee

DEL MAR BLVD.

# Find Your Twin

Directions: In the first column, fill in your answer to every question. Then, find another person in class with the same answer, and write the name on the corresponding person in the second. You can't use the same person to answer more than 1 category.



TOPIC	YOUR ANSWER	NAME OF JAMMER
Hometown		
Number of Siblings		
Birth Month		
Eye Color		
Major		
Career Goal		
Number of units in the Fall		
Favorite Season		
Favorite food		
Favorite TV show		
Favorite hobby		
Favorite type of music		
Favorite Movie		
Next place you'd like to visit		
Last movie seen		
For fun, I like to...		
If I won the lottery, I would...		
My dream job is...		
Favorite subject in HS		

# Find Your Twin

Directions: In the first column, fill in your answer to every question. Then, find another person in class with the same answer, and write the name on the corresponding person in the second. You can't use the same person to answer more than 1 category.

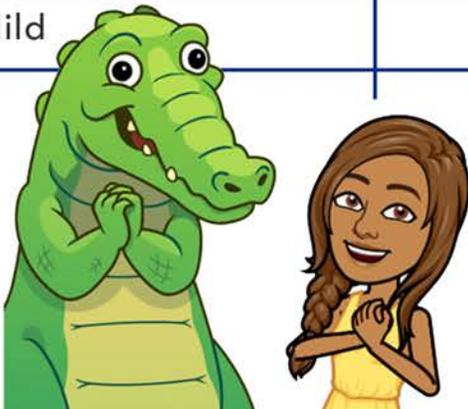


TOPIC	YOUR ANSWER	NAME OF JAMMER
Favorite Hero		
Favorite Villain		
Favorite Ice Cream Flavor		
Favorite Restaurant		
Favorite Sport		
Dream Car		
Favorite City		
Favorite Season		
Most used phone app		
Apple or PC		
Dog or Cat		
Favorite Emoji		
Dream Vacation		
Nike or Adidas		
Ideal Superpower		

# Find Your Twin

Directions: In the first column, fill in your answer to every question. Then, find another person in class with the same answer, and write the name on the corresponding person in the second. You can't use the same person to answer more than 1 category.

TOPIC	YOUR ANSWER	NAME OF JAMMER
Favorite Holiday		
Coffee or Tea		
Summer or Winter Olympics		
Chicago or NY Pizza		
Snapchat or Instagram		
Mountains or Beach		
Pie or Cake		
Early Bird or Night Owl		
Sausage or Bacon		
Pancakes or Waffles		
Favorite show on Netflix		
Optimal time for a nap		
Call or Text		
Food you hate		
Spicy or Mild		



dedicated **support** • caring **community** • continued **success**

# Program Requirements

## YEAR 1



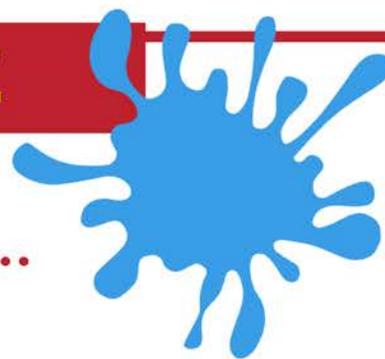
**Jam** (summer orientation)  
**Draft Comprehensive Ed Plan**  
**Full-Time** (12 units recommended)  
**Math & English**  
**College 1** (first year seminar)  
**Success Coach Meeting**  
**Career or Transfer Event**  
**Comprehensive Ed Plan**  
**Timeline Activity**

**Summer**  
**Fall**  
**Fall & Spring**  
**Fall & Spring** (if necessary)  
**Fall**  
**Fall & Spring**  
**Fall or Spring**  
**Spring**  
**Spring**

## YEAR 2

**Full-time** (12 units recommended)  
**Success Coach Contact**  
**Goal Setting Activity**  
**Personal Statement Activity**  
**Career or Transfer Event**

**Fall & Spring**  
**Fall & Spring**  
**Fall or Spring**  
**Fall or Spring**  
**Fall or Spring**



## There is always a reason...

**Jam** Jam will help you feel more comfortable on campus, learn about college policies and expectations, and start thinking about major and career. You'll also make friends and have fun.

**Full-time Student Status** Research shows that if you take 12 or more units each semester, you are much more likely than part-time students to stay in college, graduate, and save money.

**English and Math in Year 1** Successful completion of transfer-level math and English is a requirement before you can take many classes at PCC. By completing both early on, you're more likely to earn an associate's degree and/or transfer at a faster rate.

**College 1** Taking a first year seminar course increases achievement of your academic goals. In College 1, you'll acquire important research and reading skills as well as knowledge about campus resources.

**Comprehensive Education Plan** Completing your ed plan with the help of a counselor will ensure you enroll in the courses you need, save time, take courses in the right sequence, and stay on schedule to complete your goals.

**Success Coach Meeting** Pathways FYE students rate success coaches as one of the most valuable Pathways resources. Your coach will answer your questions, direct you to resources, and inform you of important dates and deadlines.

**Career and Transfer Events** The research findings are clear – students who participate in campus events are more likely to succeed, continue, and complete their goals than students who don't. These events and workshops will help you define and reach your academic, career, and transfer goals at PCC, helping you to graduate and transfer faster.

**Personal Statement Activity** Whether you are applying for a scholarship at PCC or elsewhere or you're planning to transfer to a university, you'll need to sell yourself. This activity will help you draft a sample of your personal statement so you have plenty of time to ask a professor, counselor, or coach to provide feedback. A polished statement wins!

**Goal Setting Activity** Setting short- and long-term, achievable goals helps you plan and stay on track. This activity will help you keep your eye on the prize.



# Notes



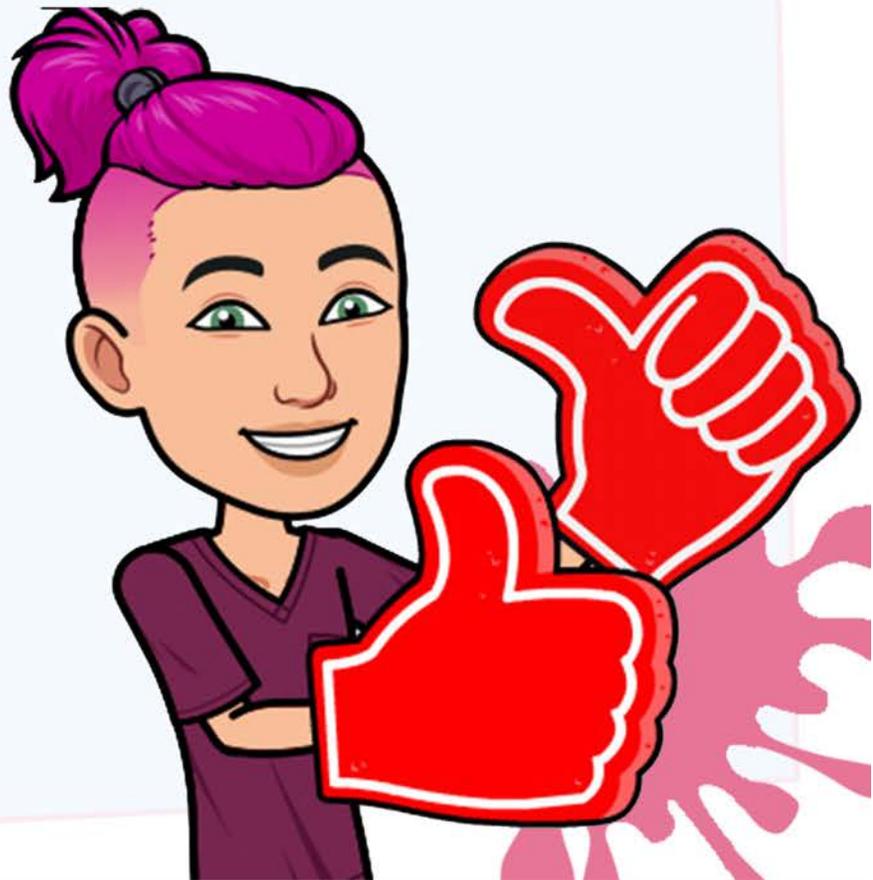
# NOTES

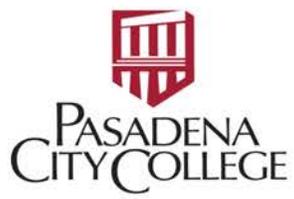


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# Notes





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