Transformative Counseling: From Good Intentions to Intentional Impact

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About Me……

- 25 years in Education
- 14 Years as Umoja Counselor Coordinator and Instructor
- Committed to students
- Hockey Player/Hockey Dad
- Hip Hop Emcee
- Loves God





Ice Breaker

1. Instructions: Find one other person that you did not come in with you.

Share Name, School, and, song stuck your head, and what made you become a counselor.

Ice Breaker

2. Instructions: Find one other person that you did not come in with you.

1. Name, School, and a transformative experience you've had with a student or group of students.

0-100 Activity

Listen to the prompt and move to where you are on the spectrum of agreement.

Discuss with your neighbors first then we will share out.

1. When a student walks into your office or meets with you for the first time, what do you imagine they might be thinking or feeling? Consider that students may arrive feeling nervous, overwhelmed, uncertain, frustrated, hopeful, or even intimidated

2. When meeting with a student, what do you value most about that interaction? What needs to happen for you to walk away feeling accomplished, fulfilled, and productive?

Lets Talk About It!

1. WHAT IS TRANSACTIONAL VS. TRANSFORMATIVE COUNSELING?

Pick Your Passion and Take Action!

1. Our Environment: Creating Spaces of Belonging

Guiding Question:

How can we transform our offices, counseling centers, and shared spaces into environments where students feel welcomed, valued, inspired, and excited to engage?

2. Our Students: Resources, Opportunities, and Experiences

Guiding Question:

What resources, opportunities, and experiences could we provide that would meaningfully improve our students' educational journeys and overall well-being?

3. Our Practices: Transforming How We Serve

Guiding Question:

What can we do differently in our everyday counseling practices to create more meaningful, empowering, and transformative experiences for students?