COVID-19 Resources and Services Available for LATTC Students

This document will be continuously updated. Please email additional resources to: mcduffe@lattc.edu.

Stay Informed

- For latest updates on how COVID-19 is affecting LATTC, please visit <u>COVID response</u>
- For district updates, please visit <u>LACCD COVID response page</u> or call the information hotline at (213) 221-5112 or email: <u>coronavirusinfo@laccd.edu</u>
- For College specific concerns, call 213-763-7052 for LATTC related issues
- Centers for Disease Control and Prevention
- California State Public Health Department
- County of Los Angeles Public Health or call 2-1-1
- City of Los Angeles
- Guidance from the CDC on what to do if you think you have Covid-19.

Online Resources at LATTC

- Online Counseling: http://www.lattc.edu/services/support/counseling/#online
- Text a Counselor line: 213-340-6947
- EOPS Online Counseling: http://www.lattc.edu/services/support/eops/eops-staff
- Disabled Students Programs & Services: http://www.lattc.edu/services/support/dsps
- **Gain/CalWORKs:** https://lattc.craniumcafe.com/group/gaincalworks
- University Transfer Center: https://lattc.craniumcafe.com/group/univ-transfer-center
- Instagram: lattc counseling
- Financial Aid: http://www.lattc.edu/services/financial-aid
- **Tutoring:** http://www.lattc.edu/blog/announcements/august-2019/free-online-tutoring-with-nettutor
- Library: http://lattc.libguides.com/homepage
- Online Bookstore: https://www.lattcbookstore.com
- Student Health Center: http://www.lattc.edu/about/health-safety/student-health-center

Companies offering free Internet Service and/or lifting mobile data caps

- Charter and Spectrum:
 - 0 1-844-488-8395
- Comcast:
 - o 1-855-846-8376 for English speakers or 1-855-765-6995 for Spanish speakers
 - https://www.internetessentials.com/covid19
- AT&T:
 - o https://about.att.com/pages/COVID-19.html
- Canvas Student Help Line:
 - o 1-844-695-2223

Mental Health Resources

- LA County Dept. of Mental Health 24/7
 - o Access Line: (800) 854-7771
 - Text: "LA" to 741741
- Personal Support and Assistance
 - o www.lattc.edu/gethelp
- LA Warmline Chat
 - o Access Line: 1-855-952-9276
 - o https://www.namioc.org/oc-warmline
- National Domestic Violence Hotline
 - 0 800-799-7233
 - o https://www.thehotline.org
- National Suicide Prevention Lifeline
 - 0 800-273-8255
 - o https://suicidepreventionlifeline.org
- LGBTQ+ Hotline
 - o 1-866-488-7386
 - Text "Start" to 678678 or chat online
 - o https://www.thetrevorproject.org
- Trans Lifeline:
 - o 1-877-565-8860
 - o https://www.translifeline.org
- Veterans Crisis Line:
 - o 1-800-273-8255
 - Text a message to 838255
 - https://www.veteranscrisisline.net
- Substance Abuse and Mental Health Services Administration (SAMHSA):
 - o 800-662-4357
 - o https://www.samhsa.gov/find-help/national-helpline
- Crisis Text Line
 - o Text CONNECT to 741741
 - o https://www.crisistextline.org/textline/

Basic Needs

Food

- Los Angeles Food Bank Pantry Locator.
- St Francis Center
 - o 1835 S. Hope Street, LA CA 90015
 - Must have school ID
 - o Valid Wed, Thur, & Sat 11-12:30PM
- Feeding America Food Bank Pantry for Riverside and San Bernardino Counties.
- California's Food Stamp Program (CalFresh) enrollment & information here

- Los Angeles Unified schools <u>Grab & Go Food Centers.</u> 60 sites available for meal pickup.
- <u>Everytable</u> is offering meals to all Angelenos in need, including food distribution for seniors who need food brought to their homes, food for students and food for groups.
- <u>Eastside Riders</u> is providing free breakfast for students in Watts from 8:00 a.m. to 10:00 a.m.
- <u>LA Dream Center</u> in Silver Lake is providing free meals for all LAUSD students from 7:30 a.m. to 6:30 p.m.
- <u>TEACH Academy of Technologies</u> is offering **free meals for pick-up** to all children ages 5 through 17, with a valid student ID from any school. Meals are provided between 9:30 a.m. and 12:00 p.m.
- Hugo's kids menu will be free for guests 12 and under throughout the LAUSD closure.
- Los Angelitos Bakery is offering one free bread to children ages 5 to 13, Monday through Friday from 12:00 p.m. to 2:00 p.m.
- The <u>City of Lynwood</u> is offering free meals from 2:00 p.m. to 3:00 p.m. for kids of all ages.
- Toast in Whittier, The Benediction in City of Industry and The Dylan in Brea are offering free take-out breakfast burritos to kids ages 6 to 12 Monday through Friday from 7:00 a.m. to 8:00 a.m.

Prescriptions

- CVS Pharmacy will waive charges for home delivery of prescription medications.
- <u>Walgreens</u> is waiving delivery fees for all eligible prescriptions during this evolving situation and any purchase on Walgreens.com.

Financial Resources

California College Student Emergency Support Fund

Must be:

- Full time student (12 units or more)
- 1 year of academic credits
- Eligible for Pell Grant or CA Promise Grant/BOG Fee Waiver
- Apply: bit.ly/covid-student-grant

Department of Social Services

http://dpss.lacounty.gov/wps/portal/dpss

Legal Needs

Online Virtual Legal Clinics

https://carecenla.simplybook.me/v2/